

# RIEL ISSUES

## NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

Special Edition #3, 2020

### National Indigenous Peoples Day Photo Challenge



**Buffalo Stone in Police Point Park**

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Métis Nation Local 8: (403) 504-4060  
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756  
Métis Urban Housing: (403) 504-4062  
Miywasin Centre - 517 3<sup>rd</sup> Street SE, Medicine Hat, T1A 0H2



## COVID-19 SUPPORT PROGRAMS

**Available through Metis Nation  
&  
Miywasin Friendship Centre**



We still have COVID19 funding supports for Metis, First Nations and Inuit that need help with rental relief, utility bill arrears, phone bill arrears, prescription medications filled, staying connected with Internet/computer notebooks/phone, emergency housing, deer meat, \$200 Safeway grocery gift cards, transportation, counseling supports and filling out applications for COVID19 funding supports through Metis Nation of Alberta and Metis Capital Housing. There may be other needs that arise in your intake session that we can help with. Please don't hesitate to call. The Metis Nation and Miywasin Friendship Centre are here to help.

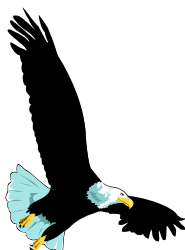
Appointments are booked with qualified counselor, Marlene Cadotte, BSW, RSW and are strictly confidential.

If you or someone you know needs assistance during this pandemic, please call Miywasin Friendship Centre at 403-526-0756 and book your appointment with Marlene Cadotte.





**Mural for Missing & Murdered Indigenous Women & Girls**



**Saamis Tepee Site**



*In celebration of  
National Indigenous  
Peoples Day  
the community was invited to  
visit 8 locations in  
Medicine Hat to read the storyboards  
on the Indigenous history of each  
site and take a selfie to submit  
online for prizes.*



**Saamis Aboriginal  
Employment  
& Training**



**Saratoga Park**





Visiting all 8 sites is Julia Cairns – pictured starting from bottom left and going up and around are: Police Point Park, Riverside Veterans Memorial Park, Saratoga Park, Miywasin Friendship Centre, Strathcona Island Park, Missing & Murdered Indigenous Women & Girls Mural, Saamis Aboriginal Employment & Training Tepee Village and Saamis Tepee Site.

**Congratulations to our winners:** Emilie Landrie, Skye Larkie, Jasmin Johnson & Cashi, Shirley Boomer, Sophie Colehouse, Kristen Dejarlais-deKlerk, Stephanie Lindstedt, Julia Cairns, David Forbes, Rebecca Ladd, Dave Vatamaniuck, Penny Holeha, Hana Llott, Carolyn Weiler, Bobbi Irving, Connie Guenther, Doug Robertson and Christine Foster.





**Thanks to our many donors for the prizes: Medicine Hat Esplanade, Medicine Hat Interpretive Centre, Medicine Hat Tourism, Bad Weather Crafts (Natasha Fairweather), Jean's Resin Geodes & Paintings, IHOP, Tribal Memories (Dakota Brandt & Kim Cummings), Kandee Corbett, Shirley Boomer, Jayden Skinner, Donna Kennedy, Donna Thane, Angela Schneider, Sophie Colehouse and Darrell Willier.**



Picture submissions for the National Indigenous Peoples Day Photo Challenge.







# Cultural Addictions Counseling Parent/Caregiver Education Program

# July 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1-4 pm Mending Broken Hearts	10am-12pm ZOOM Craft Circle	1-3 pm ZOOM Traditional Parenting Skills		
6	10-12pm Social ZOOM Circle	1-4 pm Mending Broken Hearts	10am-12pm ZOOM Craft Circle	1-3 pm ZOOM Traditional Parenting Skills		
13 7 Sacred Teachings Eagle "Love" 1-3 pm	10-12pm Social ZOOM Circle	1-4 pm Mending Broken Hearts	10am-12pm ZOOM Craft Circle	Sharing Circle 60 Scoop Survivors Kin Coulee Park 10 am-12 pm ZOOM Traditional Parenting Skills 1-3 pm		
20 7 Sacred Teachings Buffalo "Respect" 1-3 pm	10-12pm Social ZOOM Circle	1-4 pm Mending Broken Hearts	10am-12pm ZOOM Craft Circle	1-3 pm ZOOM Traditional Parenting Skills		
27 7 Sacred Teachings Bear "Courage" 1-3 pm	10-12pm Social ZOOM Circle	1-4 pm Mending Broken Hearts	10am-12pm ZOOM Craft Circle	1-3 pm ZOOM Traditional Parenting Skills		

MIYWASIN FRIENDSHIP CENTRE  
517 - 3RD STREET SE  
MEDICINE HAT, AB T1A 0H2



Contact: Chasity/Brenda  
To register OR for more information  
Office: (403) 526-0756  
Cell: (587) 253-0105  
Email: [mchasitycairns@gmail.com](mailto:mchasitycairns@gmail.com)  
[brendamercer64@gmail.com](mailto:brendamercer64@gmail.com)

## CHECK OUT:

Miywasin Friendship Centre partnered with Medicine Hat Public Library in the month of June!

Our Program Coordinator Brenda Mercer "Good Sweetgrass Woman" made 2 videos for you to view anytime.

Go to Medicine Hat Public Library Facebook page to find Brenda"

1. Brenda reads children's book " You Hold Me Up" by Monique Gray Smith in Honour of National Indigenous Peoples Day
2. Beading & Stories: National Indigenous Peoples Day-Brenda shares her story of her life of a Sixties Scoop Survivor. Tune in to hear her powerful story.

## COVID-19 PANDEMIC SERVICES:

- Counseling via Phone or ZOOM.
- Drop off weekly cultural crafts
- Access to traditional medicines
- Drop off Face masks/Gloves

Need help getting onto ZOOM our staff will help you get set up!

Need your 2019 Income Taxes done?  
Contact Marlene@ 403-526-0756.

All activities are FREE thank you to our funders. Medicine Hat Community Housing, Alberta Children Services, Alberta Native Friendship Centres

# MIYWASIN

## Youth Development Program

July 2020 \*\*ALL EVENTS ARE

\*\*Events are subject to change\*\*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 	2 No Programming	3 Zoom Teen Kitchen Max 10 youth Sign up Required 2-4pm	4
5	6 Medicine Wheel Max 6 youth Sign up Required 2-4pm	7 No Programming	8 Mental Wellbeing Check in/ Social Zoom 3-4pm	9 Filling Our Tipis Max 6 youth Sign up Required 2-4pm	10 Zoom Teen Kitchen Max 10 youth Sign up Required 2-4pm	11
12	13 Medicine Wheel Max 6 youth Sign up Required 2-4pm	14 No Programming	15 Mental Wellbeing Check in/ Social Zoom 3-4pm	16 Filling Our Tipis Max 6 youth Sign up Required 2-4pm	17 Zoom Teen Kitchen Max 10 youth Sign up Required 2-4pm	18
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26	27 Medicine Wheel Max 6 youth Sign up Required 2-4pm	28 No Programming	29 Mental Wellbeing Check in/ Social Zoom 3-4pm	30 Filling Our Tipis Max 6 youth Sign up Required 2-4pm	31 No Programming	

If you would like to register for any of the programs and/or Zoom Sessions please email Carol Syrette at [carolsyrette@gmail.com](mailto:carolsyrette@gmail.com)

Due to health regulations around Covid-19, we are offering limited in-person programming as well as limiting the number of youth to a maximum of 6 for in-person programming.

Thank you to our funders and supporters.



Miywasin Centre  
517—3rd St. SE  
Medicine Hat  
Alberta



"Miywasin Youth Development Program"

Contact: Carol or Carlee  
Phone: (403) 526-0756  
Text: (403) 866-3366