

RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

December 2020



Wishing Everyone a safe and very Merry Christmas.

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Métis Nation Local 8: (403) 504-4060

Miywasin Friendship Centre (Medicine Hat): (403) 526-0756

Métis Urban Housing: (403) 504-4062

Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2



COVID-19 SUPPORT PROGRAMS



COVID19 funding supports for Metis, First Nations and Inuit that need help with rental relief, utility bill arrears, phone bill arrears, prescription medications filled, staying connected with Internet/ChromeBook/cell phone, emergency housing, bison meat, \$200 Safeway grocery gift cards, transportation/bus fares, counseling supports and filling out applications for COVID19 funding supports. There may be other needs that arise in your intake session that we can help with. Please don't hesitate to call. The Metis Nation and Miywasin Friendship Centre are here to help.

'First time' clients may book appointments with qualified counselor, Marlene Cadotte, BSW, RSW and are strictly confidential. Strict Pandemic protocols are in place when visiting the centre by appointment only - hand sanitize and mask up.

Return clients will be processed over the phone with Support Worker - Jolynn and supports will be delivered as per needs identified during intake.

If you or someone you know needs assistance during this pandemic, please call Miywasin Friendship Centre at 403-526-0756 and book your appointment through Marina Greier at the reception desk.

Youth Development and Caregiver Parenting programs will no longer be in person for the month of December and will go virtual. If you are registered for any of these programs, the program staff will contact you.



Miywasin Staff Cell Phone Contacts (emergency/after hours):

Marlene Cadotte, BSW, RSW - Counselor	403-952-8100
Chasity Cairns, BSW, RSW - Addictions Counselor	403-253-0105
Gina Levasseur, Caregiver Program Manager	403-878-5548
Lisa Kerlake, Family Support Worker	403-866-2717
Jolynn Parenteau, Support Worker	403-866-6109
Carol Syrette, BSW, RSW, Youth Program Manager	403-866-3366
Carlee EaglePlume, Youth Program Coordinator	403-878-5069





YOGA CLASSES



***Due to the Provincial Notice on COVID19 restrictions for Alberta,
Yoga for Seniors is cancelled until further notice.***

Seniors Programs sponsored by the Government of Canada – New Horizons for Seniors Program.



Hot Meals on Cart Wheels Trail for Seniors 65+



Miywasin Friendship Centre will continue to make weekly hot meals FREE to Indigenous seniors 65+ for delivery within Medicine Hat or pick up. You must pre-register for this program. It is free to our Indigenous Seniors 65+. Please call Marina at 403-526-0756 to register. Those pre-registered will be able to pick up their meal on Fridays at Miywasin Centre – main reception area, 517 3rd Street SE between 10:00 am – 2:00 pm.

Everyone must follow pandemic safety protocols – hand sanitizing, wearing gloves and wearing masks. If you need Personal Protective Equipment – masks, hand sanitizer and gloves, please let us know and we will prepare packages for you to take with you or delivery.

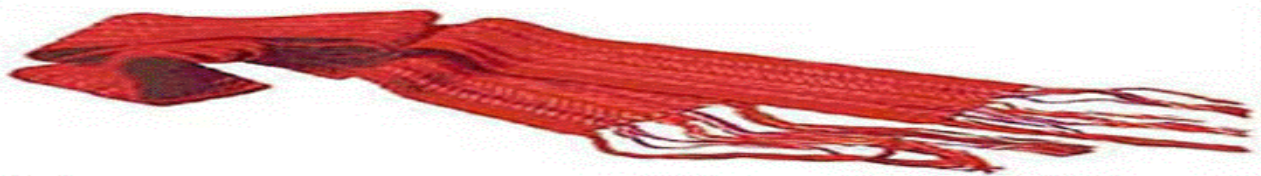
We will do the home deliveries on Friday from 10:00 am – 2:00 pm. Friday, December 18 will be the last delivery for 2020, we will begin again in the new year on January 8, 2021. We wish everyone a safe and Merry Christmas.



Although we can't be in person this year due to the COVID19 pandemic and in lieu of the Children's Annual Christmas Party, Metis Nation Local 8 and Miywasin Friendship Centre are working together to try and make your Christmas special this year.

Please call Marina at 403-526-0756 to register your family for a \$200 Walmart gift card and each child a \$50 Walmart gift card.

Please call to register by Friday, December 11, 2020 so that we may get our deliveries out to you in time for Christmas.



Miywasin Centre will be CLOSED on the following dates:

Closed Monday, December 21, 2020 through to Monday, December 28, 2020 and re-open on Tuesday, December 29, 2020.

Closed Thursday, December 31, 2020 and Friday, January 1, 2021 and re-open on Monday, January 4, 2021.

We wish everyone safe and happy holidays and look forward to seeing you in the New Year.