

RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

May 2022



**METIS NATION OF ALBERTA
ANNUAL GENERAL ASSEMBLY
AUGUST 5 – 7, 2022
GREY EAGLE CASINO & RESORT
CALGARY, AB**



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Métis Nation Local 8: (403) 504-4060
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756
Métis Urban Housing: (403) 504-4062
Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2

INDIGENOUS SENIORS WEEKLY MEAL PROGRAM & SUPPORTS



Miywasin Friendship Centre will continue to make weekly meals FREE to Indigenous seniors 65+ for delivery within Medicine Hat or pick up. You must pre-register for this program. It is free to our Indigenous Seniors 65+. Please call Kimberly at 403-526-0756 to register. Those pre-registered will be able to pick up their meal on Fridays at Miywasin Centre – main reception area, 517 3rd Street SE between 11:00 am – 1:00 pm.

Other supports for seniors 65+ are rent supplements (max \$200/month for up to a year), grocery gift cards, punch cards for Leisure Centre/YMCA, transportation -bus pass/taxi voucher, prescriptions, utility arrears, phone bill arrears and support with filling in forms/applications, income tax filing. These supports are available through intake only, you must book an appointment with Marlene Cadotte, BSW, RSW Counselor at Miywasin 403-526-0756.

Although pandemic safety protocols have eased within our province, we will continue to maintain safety protocols – hand sanitizing, wearing gloves, wearing masks and rapid test kits. If you need Personal Protective Equipment: masks, hand sanitizer, gloves and rapid test kits, please let us know and we will prepare packages for you to take with you or deliver. Yoga classes with Pamela Goodine are by appointment only. Please call Kimberly at 403-526-0756 to register. Classes are free to Indigenous Seniors 65+.

Seniors Programs sponsored by COVID Relief programs funded by Government of Canada.





Miywasin
Friendship
Centre

Miywasin is hosting

COVID-19 Vaccine Clinic

WEDNESDAY, MAY 11 | 2:00PM – 4:00PM

517 3 ST SE, MEDICINE HAT

CALL KENDRA AT
403-526-0756 TO
REGISTER



*Everyone who receives
their shot will get a \$50
Walmart gift card.*

COVID Supports still available for families, individuals, seniors

Rent relief & emergency housing,
grocery gift cards & traditional meat,
utility & phone bill arrears, staying connected online,
prescription medications filled, transportation/bus fare,
counseling supports, COVID-19 funding applications, and more.
The Metis Nation and Miywasin Friendship Centre are here to help.



AHS

HARM REDUCTION INTERVENTION TEAM

You're invited to join us for our services
Open Friday May 13th and 27th
Walk in hours between 9:30-11:30 a.m
Located at 517 3rd street SE
(Miywasin Friendship Centre Kitchen area)
Tammy - Nurse Practitioner
Shay – Registered Psychiatric Nurse
Audra – Peer Support Worker

- *Addictions support/detox/treatment/harm reduction supplies
- *Naloxone training
- *Wound care, STBBI testing/treatment, temporary medical care, prescriptions
- *Treatment planning and management
- *Referral to community psychiatrist
- *Peer support
- *Resource navigation

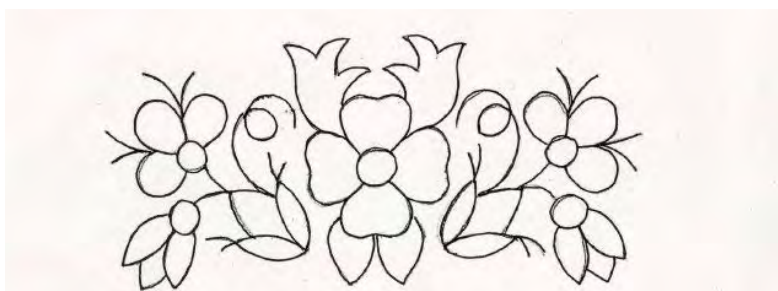
Information from *Victims Services, Alberta Justice and Solicitor General*

A New Indigenous Advisory Group Recruitment

Alberta's government is recruiting up to 12 advisory group members, who may serve up to three-year terms. The Public Security Indigenous Advisory Group, composed of leaders from Indigenous communities and organizations, will play a central role in developing solutions and strategies to improve public safety in Indigenous communities and across Alberta. The group is expected to be in place by this fall.

Recruitment closing date: May 18, 2022. [For more information and to apply, click here.](#)

**Metis Flower
Beadwork Pattern**



Vital CONVERSATIONS

Join us for our
**2022 VITAL
CONVERSATIONS**

11:00 AM - 1:00 PM
June 21, 2022
Medicine Hat Exhibition & Stampede
Grandstand Banquet Room

Click here to buy tickets! Deadline: June 14

2022 SURVEY



You could win a
\$100 gift card

MIYWASIN FRIENDSHIP CENTRE
(MEDICINE HAT)



invites you to

Red Dress Awareness Day



#MMIWG2S+

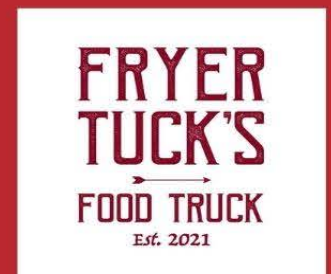
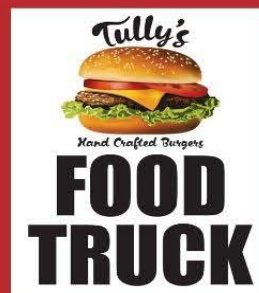
Red Dress Day is a day of honouring missing and murdered Indigenous people. It's a day to raise awareness and education about missing and murdered Indigenous women and girls, two spirited and men. Please join all our relations in the park to remember in solidarity our MMIWG2S+. It is our hope that through this event we can support individuals and families impacted, raise awareness, cultivate a healing and caring community, while empowering the next generations.

Saturday, May 7
2022

Kin Coulee
Bandshell
1-4pm

- Sorrel Rider Drummers
- Miywasin Singers
- Food Trucks
- Speakers

REMEMBER WHEN
Retro Toys
Candy & More



For more information call Carol at : 403-526-0756

THE HILLS ARE ALIVE



Music and Dance Cultural Fest June 9 – 12, 2022



*Learn to play a musical instrument, make a capote, dance a jig, weave a sash, and become immersed in Métis Culture – all of this in the beautiful setting of the southern foothills past
Cypress Hills Interprovincial Park – Alberta at Eagles Nest Ranch.*

**MUSIC AND DANCE CULTURAL FEST - Registration and BBQ begins on
Wednesday, June 8, 2022 (BBQ \$5.00).**

Daily – workshops: fiddle, guitar, piano, banjo, jigging, drum making, capote making, sash finger weaving, beading, jiggerman dolls, spoons, native crafts; Métis cultural venues, learn Michif, silent auctions; and music resources available from our instructors.

EVENING CONCERTS FEATURING: Gordon Stobbe, JJ Guy, Daniel Gervais, Don Sawchuk, Cathy Sproule, Alex Kusturok, Donna Hiller-Turk, Wally Garrioch, Breanna Lizotte, Kelly McLaughlin.

Location: Eagles Nest Ranch, coming from the East on Highway 1: turn left (South) on Highway 41, turn right onto Thelma Road, turn right to Eagles Nest Ranch Road. Coming from the West on Highway 1: turn right and head South down the Eagle Butte Road in Dunmore, turn left at Thelma Road, turn left at Eagles Nest Ranch Road. Signs will be posted.

CULTURAL FEST REGISTRATION FEES: Non-refundable \$50 deposit to reserve your place. Registration capped at 150 participants.

Early Bird Registration 4 DAY PASS: \$150.00 After May 1, 2022: \$200.00

DAILY PASS: \$50 FAMILY RATES AVAILABLE BUNKHOUSE CABINS: \$35/night

Limited un-serviced RV parking/camping: \$35/night

(Fees inc. instruction, cultural activities, meals & concerts)

COVID19 protocols in place, you must be vaccinated, PPE supplies and rapid testing available.

For more information or to register call Kim Desjarlais @ 403-526-0756

Visit our Website at www.miywasincentre.net



Patrimoine Canadian
canadien Heritage





Darcy's Guns & Fishing & Stuff

Do you need help with your estate? Not sure how to deal with firearms, ammunition & related items; fishing equipment, military collectibles, horns, antlers, artifacts, etc? Darcy's is a liquidation service. I provide free consultations and advice. I pay fair prices. I have over 50 years of experience!

Darcy Stach
403-502-2464
stachgd@telus.net



MIYWASIN Youth Development Program

May 2022 **ALL EVENTS ARE FREE**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 No Programming	3 No Programming (Staff in Training)	4 No Programming	5 No Programming (Staff in Training)	6 No Programming	7 Red Dress Awareness Event 1-4pm Kin Coulee
8	9 No Programming	10 Understanding The Purpose of Life Teaching 7 4:30-6:30pm	11 No Programming	12 Understanding The Purpose of Life Teaching 8 4:30-6:30pm	13 Swimming at Big Marble Go Centre 6-8pm	14
15	16 BINGO 4:30-6:00pm	17 Understanding The Purpose of Life Teaching 9 4:30-6:30pm	18 No Programming	19 Understanding The Purpose of Life Teaching 10 4:30-6:30pm	20 No Programming	21
22	23 Office Closed	24 Understanding The Purpose of Life Teaching 11 4:30-6:30pm	25 No Programming	26 Understanding The Purpose of Life Teaching 12 4:30-6:30pm	27 TBA	28
29	30 No Programming	31 Board Games 4:30-6:30pm				

AGES 10 - 17
Events are subject to change



Understanding The Purpose of Life: 12 Teachings for Native Youth

- 7 week Program
- Max 10 Participants
- Certificate of Completion at the end of the program
- ***Pre-Registration Required***

Thank you to our funders and supporters:

Alberta

Community Foundation of Southeastern Alberta



Miywasin Centre
517—3rd St. SE
Medicine Hat
Alberta
T1A 0H2



"Miywasin Youth Development Program"

Contact: Carlee
Phone: (403) 526-0756
Text: (403) 878-5069



Children's Program

May 2022

REGISTRATION REQUIRED PRIOR TO ALL SCHEDULED PROGRAMS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	3 Baking Bannock 10:30-11:45 am Drumming & Song 1-3 pm	4 12 Steps Support Care 1-3PM	5 Craft Circle 1PM- 3PM	6 Drumming In Kin Coulee Family Inclusive 10-11:30 am	7
8	9 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	10 Baking Bannock 10:30-11:45 am Drumming & Song 1-3 pm	11 12 Steps Support Care 1-3PM Bridges Partnership 1:00-2:15 OR 2:30- 4:00 @ St. Barnabas Church	12 Craft Circle 1PM-3PM	13 Drumming In Kin Coulee Family Inclusive 10-11:30 am Family Swim 6-8PM	14
15	16 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	17 Baking Bannock 10:30-11:45 am Drumming & Song 1-3 7-9 Year Old Fancy Dancing 5:30-7:00PM	18 12 Steps Support Care 1-3PM MHPSD Partnership "Let's Get Messy" in Central Park 1PM-3PM	19 Craft Circle 1PM-3PM	20 Beading for children 10-12	21
22	23 STAT HOLIDAY No Programming	24 Baking Bannock 10:30-11:45 am Drumming & Song 1-3 pm	25 12 Steps Support Care 1-3PM MHPSD Partnership Drumming in Central Park 1PM-3PM	26 Craft Circle 1PM-3PM	27 Drumming In Kin Coulee Family Inclusive 10-11:30 am	28
29	30 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	31 Baking Bannock 10:30-11:45 am Drumming & Song 1-3 pm				30

MIYWASIN FRIENDSHIP CENTRE
517 - 3RD STREET SE
526B - 3RD STREET SE
MEDICINE HAT, ALBERTA



Miywasin Wellness Program Spring Book Club

- Indigenous books for all ages

Wellness Packages

- Indigenous Colouring Books (all ages), crafts, paint by number, positive affirmation journals etc.
- Personal Hygiene & Winter items-Hats, gloves/mittens.
- Smudge kits

Contact us for more information:

Morgan Lepine

Children's Program
Phone: 587-554-6837
Email: Morgan.miywasin@gmail.com

Brooke Simon

Parent/Caregiver Education
Cell: 403-952-9605
Email: brooke.miywasin@gmail.com

All activities are FREE thank you to our funders.



Parent/Caregiver Education Program

May 2022

REGISTRATION REQUIRED PRIOR TO ALL SCHEDULED PROGRAMS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	3 Bannock & Tea 10:30-11:45 am Mothers of Tradition 1-3 pm	4 No Programming	5 No Programming	6 Drumming In The park Family Inclusive 10-11:30am	7 Red Dress Awareness Walk 1-4PM @ Kin Coulee
8	9 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	10 Bannock & Tea 10:30-11:45 am Mothers of Tradition 1-3 pm	11 Bridges Partnership 1:00-2:15 OR 2:30-4:00 @ St. Barnabas Church Vaccine Clinic 2-4PM @ Miywasin kitchen	12 No Programming	13 Drumming In The park, Family Inclusive 10-11:30 AHS Outreach 9:30- 11:30 @ Miywasin Family Swim 6-8PM	14
15	16 Mommy & Me: Balancing Our Medicine Wheels 1-3 PM	17 Bannock & Tea 10:30-11:45 am Mothers of Tradition 1-3 pm	18 MHPSD Partnership "Let's Get Messy" in Central Park 1PM-3PM	19 No Programming	20 Beading for Beginners 10-12 @ Miywasin	21
22	23 STAT HOLIDAY No program	24 Bannock & Tea 10:30-11:45 am Mothers of Tradition 1-3 pm	25 MHPSD Partnership Drumming in Central Park 1PM- 3PM	26 No Programming	27 Drumming In The park Family Inclusive 10- 11:30 am AHS Outreach 9:30- 11:30 @ Miywasin	28
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MIYWASIN FRIENDSHIP CENTRE
517 - 3RD STREET SE
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MEDICINE HAT, ALBERTA



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- Indigenous books for all ages

Wellness Packages

- Indigenous Colouring Books (all ages), crafts, paint by number, positive affirmation journals etc.
- Personal Hygiene & Winter items-Hats, gloves/mittens.
- Smudge kits

Contact us for more information:

Brooke Simon

Parent/Caregiver Education Program
Cell: 403-952-9605
Email: brooke.miywasin@gmail.com

Brenda Mercer

Cultural Program
Cell: 403-878-5548
Email: brenda.miywasin@gmail.com

All activities are FREE thank you to our funders.





HEAVY EQUIPMENT OPERATOR TRAINING PROGRAM

OFFERED THROUGH SAAMIS EMPLOYMENT & TRAINING

Saamis Employment will work with Olds College in Olds, AB to deliver a 12-week Heavy Equipment Operator (HEO) program. This program will allow individuals to obtain all the basic skills necessary to enter the Heavy Equipment Operator trade with above average opportunities for employment upon successful completion. **16 seats available** to First Nations individuals living within the Treaty Seven Territory.

PROGRAM OVERVIEW:

- Workplace safety training & safety tickets
- Introduction to earthmoving through hands-on practical experience
- Equipment operation and preventative mechanical maintenance
- Fieldwork and jobsite fundamentals
- Earthmoving operational techniques
- Heavy equipment operator practicum
- Accommodations at Olds College student housing for the duration of the program

PREREQUISITES:

**Completion of Grade 10
Class 5 Driver's License**

A Class 5 Driver's License is recommended but a GDL License is also accepted. Restrictions such as a blow box on your license are not eligible.

**TRAINING START DATE:
MAY 23, 2022**

PROGRAM
SPONSORED BY:



Canada

**CALL 403-504-4056 FOR PROGRAM INFO
OR TO APPLY!**

Saamis Employment & Training Association
Suite 102, 514 Stafford Drive N. / PH: 403-320-7699
saamisemployment.ca



CLASS 1 TRUCK DRIVER TRAINING

OFFERED THROUGH SAAMIS EMPLOYMENT & TRAINING

Gain access to one of Alberta's most in-demand occupations. Our program provides practical hands-on training to prepare you for your new career in transportation. Open your doors to new possibilities and call us today! **Limited seats are available every six weeks.**

OPEN TO INDIGENOUS PEOPLE LIVING IN TREATY 7 TERRITORY.

FOR MORE INFORMATION, CALL:
403-504-4056

PROGRAM
SPONSORED BY:



Canada

**FOR MORE INFO ON THIS PROGRAM, CALL
OR VISIT OUR OFFICE!**

Saamis Employment & Training Association
Suite 102, 514 Stafford Drive N. / PH: 403-320-7699
saamisemployment.com