

RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

June 2022



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Métis Nation Local 8: (403) 504-4060
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756
Métis Urban Housing: (403) 504-4062
Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2

INDIGENOUS SENIORS WEEKLY MEAL PROGRAM & SUPPORTS



There will be no meals June 10, 2022, we will resume the following Friday, June 17, 2022 for Indigenous seniors 65+ to pick up or for delivery within Medicine Hat. You must pre-register for this free program. Please call Kimberly at 403-526-0756 to register. Pick up at Miywasin Centre – main reception area, 517 3rd Street SE between 11:00 am – 1:00 pm.

We are continuing other supports for seniors 65+ for rent supplements (max \$200/month for up to a year), grocery gift cards, punch cards for Leisure Centre/YMCA, transportation -bus pass/taxi voucher, prescriptions, utility arrears, phone bill arrears and support with filling in forms/applications, income tax filing. These supports are available through intake only, you must book an appointment with Marlene Cadotte, BSW, RSW Counselor at Miywasin 403-526-0756.

We will continue to maintain safety protocols – hand sanitizing, wearing gloves, wearing masks and rapid test kits. If you need Personal Protective Equipment: masks, hand sanitizer, gloves and rapid test kits, please let us know and we will prepare packages for you to take with you or deliver. Yoga classes with Pamela Goodine are by appointment only. Please call Kimberly at 403-526-0756 to register. Classes are free to Indigenous Seniors 65+.

Seniors Programs sponsored by COVID Relief programs funded by Government of Canada.



COVID Supports still available for families, individuals, seniors

Rent relief & emergency housing,
grocery gift cards & traditional meat,
utility & phone bill arrears, staying connected online,
prescription medications filled, transportation/bus fare,
counseling supports, COVID-19 funding applications, and more.

The Metis Nation and Miywasin Friendship Centre are here to help.

These supports are available through intake only, you must book an appointment with Marlene Cadotte, BSW, RSW Counselor at Miywasin 403-526-0756.

Vital CONVERSATIONS

Join us for our
**2022 VITAL
CONVERSATIONS**

11:00 AM - 1:00 PM
June 21, 2022
Medicine Hat Exhibition & Stampede
Grandstand Banquet Room

Click here to buy tickets! Deadline: June 14

2022 SURVEY



You could win a
\$100 gift card



Darcy's Guns & Fishing & Stuff

Do you need help with your estate? Not sure how to deal with firearms, ammunition & related items; fishing equipment, military collectibles, horns, antlers, artifacts, etc? Darcy's is a liquidation service. I provide free consultations and advice. I pay fair prices. I have over 50 years of experience!

Darcy Stach
403-502-2464
stachgd@telus.net



**METIS NATION OF ALBERTA
ANNUAL GENERAL ASSEMBLY
AUGUST 5 – 7, 2022
GREY EAGLE CASINO & RESORT
CALGARY, AB**





MAKING CHANGE FOR
THE NEXT SEVEN GENERATIONS

Budgeting 101

In this FREE course, you will learn how to:
create a household budget
manage your income
pay down debt build savings find motivation

Next class: Friday, June 17th 1-3pm

In-person @ Miywasin kitchen

email: metismonymoves@gmail.com

Created by



Hosted by



Medicine Hat Police Service Chief's Indigenous Advisory Board

invites all to attend
a come-and-go celebration

Community Boardroom renaming and mural unveiling

Tuesday	June 21, 2022	1-4 PM	884 2 St. SE
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Join for refreshments and mural photo op



THE HILLS ARE ALIVE



Music and Dance Cultural Fest

June 9 – 12, 2022



Learn to play a musical instrument, make a capote, dance a jig, weave a sash, and become immersed in Métis Culture – all of this in the beautiful setting of the southern foothills past

Cypress Hills Interprovincial Park – Alberta at Eagles Nest Ranch.

MUSIC AND DANCE CULTURAL FEST - Registration and BBQ begins on Wednesday, June 8, 2022 (BBQ \$5.00).

Daily – workshops: fiddle, guitar, piano, banjo, jigging, drum making, capote making, sash finger weaving, beading, jiggerman dolls, spoons, native crafts; Métis cultural venues, learn Michif, silent auctions; and music resources available from our instructors.

EVENING CONCERTS FEATURING: Gordon Stobbe, JJ Guy, Daniel Gervais, Don Sawchuk, Cathy Sproule, Alex Kusturok, Donna Hiller-Turk, Wally Garrioch, Breanna Lizotte, Kelly McLaughlin.

Location: Eagles Nest Ranch, coming from the East on Highway 1: turn left (South) on Highway 41, turn right onto Thelma Road, turn right to Eagles Nest Ranch Road. Coming from the West on Highway 1: turn right and head South down the Eagle Butte Road in Dunmore, turn left at Thelma Road, turn left at Eagles Nest Ranch Road. Signs will be posted.

CULTURAL FEST REGISTRATION FEES: Non-refundable \$50 deposit to reserve your place. Registration capped at 150 participants.

Early Bird Registration 4 DAY PASS: \$150.00 After May 1, 2022: \$200.00

DAILY PASS: \$50 FAMILY RATES AVAILABLE BUNKHOUSE CABINS: \$35/night

Limited un-serviced RV parking/camping: \$35/night

(Fees inc. instruction, cultural activities, meals & concerts)

COVID19 protocols in place, you must be vaccinated, PPE supplies and rapid testing available.

For more information or to register call Kim Desjarlais @ 403-526-0756

Visit our Website at www.miywasincentre.net



Patrimoine Canadian
canadien Heritage



STILL A FEW DAY SPOTS OPEN

MIYWASIN YOUTH DEVELOPMENT PROGRAM

SUN	MON	TUE	WED	THU	FRI	SAT
Ages 11-17 **Events are subject to change						
5	6	7	8	9	10	11
	No Programming	No Programming	No Programming	The Hills Are Alive	The Hills Are Alive	The Hills Are Alive
12	13	14	15	16	17	18
The Hills Are Alive	Office Closed/ No Programming	Office Closed/ No Programming	Office Closed/ No Programming	Office Closed/ No Programming	Office Closed/ No Programming	
19	20	21	22	23	24	25
	Movie & Craft 4:30-6:00pm	National Indigenous Peoples Day	No Programming	Summer Position Choice 4:30-6:30pm	Teen Kitchen Indian Tacos 4:00-7:00pm	
26	27	28	29	30		
	Craft & snack 4:30-6:00pm	Hot dog roast @ Kin Coulee 4:30-6:30	No Programming	No Programming		

Miywasin Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H2

All events are **free**
 Please call or text to sign up for programming!!

Contact: Carlee EaglePlume
Phone: (403) 526-0756
Text: (403) 866-3366

JUNE 2022



The Hills Are Alive

Music and Dance Cultural Fest
 June 9-12 2022

Learn to play a musical instrument,
 make a capote, dance a jig, weave a sash,
 and become immersed in Metis Culture!

There is a cost for this event

Thank you to our funders and supporters:



Cultural Wellness and Addiction Support Programs

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
	No Programs This week Event Preparation			Hills are Alive Cultural Event Eagles Nest Ranch	Hills are Alive Cultural Event Eagles Nest Ranch	Hills are Alive Cultural Event
12	13	14	15	16	17	18
Hills are Alive Cultural Event	No Programs Miywasin Closed 13th-16th				Miywasin Open No program	
19	20	21	22	23	24	25
		Bannock & Tea @ Saamis Employment 919 Tractor Ave SE National Indigenous Peoples Day Event			AHS Outreach 9:30-11:30 @ Miywasin kitchen	
26	27	28	29	30		
		Bannock & Tea 10:30-11:45am Miywasin Kitchen				

Miywasin Wellness Programs

Book Club

- Indigenous books for all ages

Wellness Packages

- Indigenous Coloring Books (all ages), crafts, paint by number, positive affirmation journals etc.
- Personal Hygiene items
- Smudge kits

Contact us for more information:

Rae-Ann Godfrey, Crisis Support

Cultural Addiction Program

Cell: 403-952-9782

Email: miywasin.raeann@gmail.com

Ken Turner, Cultural Addiction Counselor

Cultural Addiction Program

Cell: 403-866-2717

Email: miywasin.kenturner@gmail.com

All programs require registration and proof of vaccinations.

All activities are FREE thank you to our funders.



MIYWASIN FRIENDSHIP CENTRE
517 - 3RD STREET SE
526B - 3RD STREET SE
MEDICINE HAT, ALBERTA



PARENTING EDUCATION PROGRAM

JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Bridges Partnership Program @ 1:00Pm OR 2:30Pm	2 No Programming	3 Drumming in the Park (Family Inclusive) 10-11:30AM	4	5
6 No Programming	7 No Programming	8 No Programming	9 Hills Are Alive	10 Hills Are Alive	11 Hills Are Alive	12 Hills Are Alive
13 CLOSED	14 CLOSED	15 CLOSED	16 CLOSED	17 CLOSED	18	19
20 Mommy & Me: Balancing Our Medicine Wheels 1-3PM	21 Bannock & Tea 10:30-11:45AM	22 No Programming	23 No Programming	24 Drumming in the Park (Family Inclusive) 10-11:30AM	25	26
27 Traditional Parenting Skills 1PM-3PM	28 Bannock & Tea 10:30-11:45AM	29 No Programming	30 No Programming			



Miywasin Wellness Program

Spring Book Club: Indigenous books for all ages

Wellness Packages:

- Indigenous colouring books (all ages), crafts, journals
- Personal hygiene items
- Smudge kits

Contact us to register:

Brooke Simon

Parenting Education Coordinator

Cell: 403-952-9605

Email: Brooke.miywasin@gmail.com

Brenda Mercer & Davie James

Cultural Program Coordinators

Phone: 403-878-5548

Email: brenda.miywasin@gmail.com

All activities are FREE thanks to our funders.



MIYWASIN FRIENDSHIP CENTRE
517 3RD STREET SE
526B 3RD STREET SE
Medicine Hat, ALBERTA



"Miywasin Friendship Centre"



anfca
Alberta Native Federation of Canada

Alberta
Ministry of Health
Indigenous Services

MH
Community
Resilience

CHILDREN'S PROGRAM AGES 0-6 YRS

JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Bridges Partnership Program @ 1:00Pm OR 2:30Pm	2 No Programming	3 Drumming in the Park (Family Inclusive) 10-11:30AM	4	5
6 No Programming	7 No Programming	8 No Programming	9 Hills Are Alive	10 Hills Are Alive	11 Hills Are Alive	12 Hills Are Alive
13 CLOSED	14 CLOSED	15 CLOSED	16 CLOSED	17 CLOSED	18	19
20 Mommy & Me: Balancing Our Medicine Wheels 1-3PM	21 Bannock Baking 10:30-11:45AM	22 No Programming	23 No Programming	24 Drumming in the Park (Family Inclusive) 10-11:30AM	25	26
27 Craft Circle 1PM-3PM	28 Bannock Baking 10:30-11:45AM	29 No Programming	30 7-10 Year Old Beading 12PM-2PM			



Miywasin Wellness Program

Spring Book Club: Indigenous books for all ages

Wellness Packages:

- Indigenous colouring books (all ages), crafts, journals
- Personal hygiene items
- Smudge kits

Contact us to register:

Morgan Lepine

Children's Program Coordinator

Cell: 587-554-6837

Email: Morgan.miywasin@gmail.com

Brooke Simon

Parenting Education Coordinator

Cell: 403-952-9605

Email: Brooke.miywasin@gmail.com

All activities are FREE thanks to our funders.



MIYWASIN FRIENDSHIP CENTRE
517 3RD STREET SE
526B 3RD STREET SE
Medicine Hat, ALBERTA



"Miywasin Friendship Centre"



anfca
Alberta Native Federation of Canada

Alberta
Ministry of Health
Indigenous Services

MH
Community
Resilience



INDIVIDUAL TRAINING OPPORTUNITIES

INDUSTRY-RECOGNIZED TICKETS

Offers sponsored industry-recognized tickets and documents, such as criminal record checks and driver's abstracts.

SKILLS DEVELOPMENT

Sponsorship of training from a recognized institution or training providers. Training must be certified and result in employment. Income support can be provided for training up to 52 weeks.

POST-SECONDARY SUPPORT

Offered to those seeking assistance in completing a certificate or final requirements of a diploma or degree program.

ALBERTA INDUSTRY & TRADES TRAINING SUPPORT

Funding support for pre-employment programs and all years of apprenticeship programs in all recognized trades.

TARGETED WAGE SUBSIDY

Lacking work experience? Find employment with an employer willing to provide direct work experience and on-the-job training. The employer receives a wage subsidy of up to 50% of the employee's wages.

EMPLOYMENT MAINTENANCE & JOB START SUPPORT

Provides clients with required work gear, and transportation support.

STUDENT SUMMER EMPLOYMENT PROGRAM:

Offers a wage subsidy to private, public, and non-profit employers who provide an opportunity for students (19-29) to gain fulltime, quality work experience during the summer months.



PROGRAM
SPONSORED BY:



**FOR MORE INFO ON THIS PROGRAM, CALL
OR VISIT OUR OFFICE!**

Saamis Employment & Training Association
Suite 102, 514 Stafford Drive N. / PH: 403-320-7699

Métis Nation Local '8' Board Meetings are open to all MNA Lifetime card-carrying Metis citizens in our community. Please join us for the upcoming meetings and learn what is going on in our nation. The next board meeting is Tuesday, June 28, 2022 at 7:00 pm, Miywasin Centre.

If you do not have your local membership, please come into the office at 517 3rd Street and see Sheila to sign up, the cost is \$3/year.



Summer BBQ'S

WHERE: Camp Miywasin (in Elkwater, take Camp Road heading south by water tower)

WHEN: July 9 & 10, 2022

August 13 & 14, 2022

TIME: starts at 12:00 noon

If you would like to camp over, bring your tenting equipment or RV, call Kim to book your space at 403-526-0756. Set up on the Friday and stay over till Sunday. We will have the Silver Saddle Gang entertaining us, so bring your musical instruments to join in the jam. Food and Refreshments will be provided. This is a **FREE EVENT** and open to all members.

