

RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

June 2024



The Miywasin Friendship Centre will be closed June 3rd and will re-open June 17 due to The Hills Are Alive event.

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Métis Nation Local 8: (403) 504-4060
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756
Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2

“I am a Kind Man”

was created...to end violence towards indigenous women”



WHAT IS “I AM A KIND MAN?”

The “I am a Kind Man” campaign was created for communities to engage indigenous men in raising awareness and understanding of violence against women, and in supporting men come together and to end violence. It is designed to offer men a safe space to begin to understand their roles and responsibilities in ending violence.

ACTIVITIES:

Smudging, language learning, drum teachings, healing circles, learning from Elders and Knowledge Keepers, medicine harvesting, and much more.

WHEN:

Wednesday evenings 5:00pm - 7:00pm during the months of June, July, & August.

WHERE:

Miywasin Friendship Centre, 517 Third St SE, Medicine Hat AB T1A 0H2

WHO:

Indigenous & non indigenous men 18+; 2 spirited individuals welcome!



anfca
alberta native friendship
centres association

Alberta



Caregiver Education Program

All programs require registration.

All activities are FREE thanks to our funders.

JUNE 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 READING CIRCLE @ LIBRARY CASTLE (registration is required)	4 NO PROGRAMMING MIYWASIN EVENT HILLS ARE ALIVE	5 NO PROGRAMMING MIYWASIN EVENT HILLS ARE ALIVE	6 NO PROGRAMMING MIYWASIN EVENT HILLS ARE ALIVE	7 NO PROGRAMMING MIYWASIN EVENT HILLS ARE ALIVE	8 NO PROGRAMMING MIYWASIN EVENT HILLS ARE ALIVE
9	10 NO PROGRAMMING MIYWASIN EVENT HILLS ARE ALIVE	11 NO PROGRAMMING OFFICE CLOSED	12 NO PROGRAMMING OFFICE CLOSED	13 NO PROGRAMMING OFFICE CLOSED	14 NO PROGRAMMING OFFICE CLOSED	15
16	17 READING CIRCLE @ LIBRARY CASTLE (registration is required) CULTURAL KIDS 3:30-5:00 (ACTIVITY-TRADITIONAL GAMES)	18 MHSO PLAYGROUP 1:00-2:30 PM (ACTIVITY:) POLICE POINT PARK	19 BRIDGES SENSORY PLAYGROUP 10-11:30 AM (REGISTRATION REQUIRED)	20 NO PROGRAMMING MIYWASIN EVENT	21 NO PROGRAMMING MIYWASIN EVENT	22
23	24 READING CIRCLE @ LIBRARY CASTLE (registration is required)	25 MOTHER OF TRADITION 1-3PM (LESSON: YOU ARE WHAT YOU THINK)	26 NO PROGRAMMING	27 TRADITIONAL PARENTING 4-6:30PM (ACTIVITY: TRADITIONAL GAMES)	28 CULTURAL KIDS 10:00-12:30PM (ACTIVITY-SENSORY BUS)	29

CULTURAL KIDS 3-6YRS.
HELPS CHILDREN EXPLORE CULTURE WHILE HAVING THEIR PARENT/CAREGIVER WITH THEM (PARENTS MUST STAY ON SITE) AFTER SCHOOL TIME 3-5 PM!

FAMILY PROGRAMMING.
PROGRAMMING IS OPEN FOR ALL YOUTH, AND FAMILIES, TO PARTICIPATE IN FREE FAMILY ACTIVITIES.

MOTHERS OF TRADITION.
HELPING PARENTS/CAREGIVERS CONNECT BACK TO THEIR ROOTS AND BRING TRADITION BACK TO THEIR CHILDREN

REGISTRATION REQUIRED

TRADITIONAL PARENTING
PARENTS/CAREGIVERS CONNECT BACK TO TRADITIONAL TEACHINGS WHILE PASSING THE TRADITIONAL VALUES & TEACHINGS TO THEIR KIDDOOS.

REGISTRATION REQUIRED

READING CIRCLE @ MHP.
COME ENJOY A COFFEE AND READ WITH YOUR LITTLES. ALL INDIGENOUS CHILDREN'S BOOKS WITH TEACHINGS EACH WEEK.

Miywasin Friendship Centre:

Call:(403) 526-0756

text:(403) 952-9605

Email- Shelby@miywasincentre.net

Miywasin Friendship Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H2

Miywasin Children's Centre
435-3rd St. SE
Medicine Hat, Alberta
(Programming Address)



"Miywasin Friendship Centre"





Cultural Connections And Wellness Program June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
No Program Hills are Alive	No Program Hills are Alive preparations	No Program Hills are Alive preparations	No Program Hills are Alive preparations	No Program Hills are Alive	No Program Hills are Alive	No Program Hills are Alive
9	10	11	12	13	14	15
No Program Hills are Alive	No Programs Centre Closed	No Programs Centre Closed	No Programs Centre Closed	No Programs Centre Closed	No Programs Centre Closed	No Programs Centre Closed
16	17	18	19	20	21	22
	Drumming Circle 10:30 - 11:45	Bannock & Tea 10:30-11:45 am	No Program	No Program	No Program	No Program
23	24	25	26	27	28	29
	Drumming Circle 10:30 - 11:45	Bannock & Tea 10:30-11:45 am	No Program	No Program	AHS outreach medical service. 9:30-11:30am	
30						

Contact us for more information:

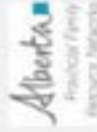
Ken Turner

Cultural Connection Program

Cell: 403-866-2717

Email: ken@miywasincentre.net

All activities are FREE thank you to our funders.



Miywasin Youth Development Program

JUNE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ages 11-17 *Events are subject to change* All events are FREE!!						
2	3 No Programming/ Office Closed	4 No Programming/ Office Closed	5 No Programming/ Office Closed	6 The Hills Are Alive	7 The Hills Are Alive	8 The Hills Are Alive
9 The Hills Are Alive	10 No Programming/ Office Closed	11 No Programming/ Office Closed	12 No Programming/ Office Closed	13 No Programming/ Office Closed	14 No Programming/ Office Closed	15
16	17 No Programming	18 Medicine Wheel Program 4:30pm-6:00pm	19 No Programming	20 Medicine Wheel Program 4:30pm-6:00pm	21 No Programming	22
23	24 No Programming	25 Medicine Wheel Program 4:30pm-6:00pm	26 No Programming	27 Medicine Wheel Program 4:30pm-6:00pm	28 No Programming	29
30						



The Hills Are Alive

Music and Dance Cultural Fest June 6-9 2024.

Learn to play a musical instrument, make a capote, dance a jig, weave a sash, and become immersed in Metis Culture!

There is a cost for this event



Thank you to our funders and supporters:



Miywasin Friendship Centre
 517-3rd St. SE
 Medicine Hat,
 Alberta
 T1A 0H2

Registration is required
 Please call or text to sign up for each individual program.

Contact: Addison Dehart
 Phone: (403) 526 0756
 Text: (403) 878-5548

Event is full at this time, call or text to be added to waitlist

Alberta Provincial Family Resource Networks



New Horizons for Seniors

JUNE 2024

CONTACT US FOR MORE INFORMATION

MARLENE CADOTTE -
SENIORS PROGRAM
COORDINATOR

CELL: 403-952-8100

ALL ACTIVITIES ARE FREE THANK YOU TO OUR FUNDERS

DUE TO FUNDING THE GROCERY GIFT CARD PROGRAM WILL ONLY BE AVAILABLE TO THOSE 65+ EVERY TWO MONTHS. PLEASE BOOK AN INTAKE WITH SANDRA EBACH TO DETERMINE IF YOU ARE ELIGIBLE.



ANFA AND NEW HORIZONS FOR SENIORS
NATIONAL INDIAN BROTHERHOOD - NIB TRUST
AB CULTURE DAYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

ELDERS LUNCH MENU:

FRIDAY, JUNE 21, 2024 - BISON CHILLI, POTATO SALAD, MACARONI SALAD, FRESH FRUIT, ASSORTED COOKIES & SQUARES.

PLEASE KEEP A LOOK OUT ON OUR FACEBOOK PAGE FOR FUTURE WORKSHOPS!



Casino Night Volunteers Needed



June 13 & 14

Please call reception at
403-526-0756 to sign up