


RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

December 2024



**The Miywasin Friendship Centre
will be closed for the following
dates, December 4, 2024 for
staff Christmas party.**

**December 20, 2024-January 2, 2025
for holidays.**

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Métis Nation Local 8: (403) 504-4060

Miywasin Friendship Centre (Medicine Hat): (403) 526-0756

Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2



FAMILY

CHRISTMAS PARTY

JOIN US FOR AN EVENING OF
FESTIVITIES & FUN

REGISTRATION IS A MUST

PLEASE REGISTER WITH CARLEE

TEXT OR CALL 403-866-3366

WHEN: DECEMBER 6, 6-8 PM

WHERE: 5TH AVENUE

MEMORIAL UNITED CHURCH

No family doctor?

Drop-In Medical Services

provided by Nurse Practitioners

**every other
Friday,**

10:30 – 11:30 am

starting December 13th 2024

SERVICES OFFERED:

Physical Assessments for:

- wound care
 - referrals to specialists
 - income support letters
- and so much more!*

In the Miywasin Kitchen

Open to All



June 12th to 15th 2025

the Hills are Alive Music & Culture Fest

Learn to play the fiddle, make a capote, dance a jig, weave a sash, and immerse yourself in vibrant Métis Culture in the beautiful southern foothills.

Register Now!

**www.MiywasinCentre.net or
403-526-0756 for more info**



Registration Form

Please read carefully. Form must be filled out for each participant.

NAME _____

ADDRESS _____

PHONE NUMBER _____

EMAIL _____

AGE (if under 18) _____ Male _____ Female _____

Parent or Guardian must accompany minors and complete a form.

Check box that applies:

- Fiddle Guitar Mandolin Piano Banjo
 Diggerman Doll * Capote Making * Hand Drum
 Digging/Square Dance Cultural Crafts Ukulele

Skill Level (for instruments):

- Beginner Moderate Advanced

Do you require an instrument? Yes No
(Only limited supply of fiddles available).

Accommodations (space is limited and it is shared accommodations; available on a first come – first serve basis; bring your own bedding): none required

Bunthouse (\$40 per person, per night) _____

Number of nights: _____ x \$40.00 _____

RV/Tenting (\$40 per RV/rent): _____

Number of nights: _____ x \$40.00 _____

Cost (not including accommodations): _____

4 day pass: \$225/per person, early registration _____

After May 1, 2025 \$300/per person _____

(\$25 p/p off for families of 3 or more) _____

Daily pass: \$75/per person x number of days _____

*Drum making kit: add \$100 per kit _____

*Moccasin Making Inc. supplies \$75 _____

*Capote Making Blanket: add \$50 per blanket _____

Total: _____

RV Parking available – pre-booking required.

\$75 non-refundable deposit to reserve your registration.

Registration is capped at 150 people.

Meals, instruction, cultural activities, and concerts are included for registered participants. Only cheque or money order payable to Mywasin Society will be accepted via mail.

EFT, cash, cheque and all credit cards accepted at event.

Cancellation Policy - No refunds after May 31, 2025.

Please Note: we can longer accommodate everyone's dietary needs but will try and provide a varied and nutritious menu. Please feel free to bring your own dietary supplements.

LOCATION:

The Hills are Alive Music and Dance Cultural Fest is located in the southern foothills past Cypress Hills Inter-Provincial Park – Alberta at Eagles Nest Ranch. Coming from the East on Highway #1, turn left onto Highway #41, go past Elkwater, turn right at Township Road #74 (Thelma Rd), then right onto Eagles Nest Ranch Road. Coming from West (Medicine Hat) on Highway #1, turn right onto Eagle Butte Road in Dunmore, turn left onto Township Road #73A (Thelma Rd) and left onto Eagles Nest Ranch Rd. Signage will be posted during event.

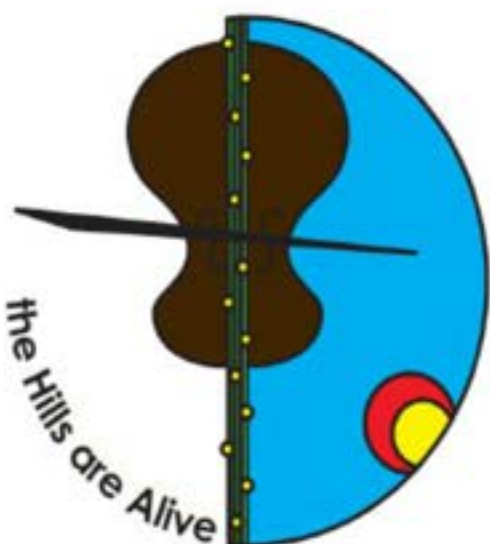


For Park Campground reservations go online at www.albertaparks.ca

For motel accommodations contact Elkwater Lake Lodge at (403) 893-3811 or toll free at 1-888-893-3811. For more information on The Hills are Alive Music and Dance Cultural Fest, please contact Keritha Saddleback at Mywasin Centre (403) 526-0756 or email mywasinfriendshipcentre01@gmail.com.

Sorry No pets allowed onsite at Eagles Nest Ranch.

Mywasin Friendship Centre 517 3rd St. SE
 Medicine Hat, AB T1A 0H2
 Ph. (403) 526-0756 Fx. (403) 504-4064



Cultural Fest

Featuring

Music and Dance

Workshops

June 12-15, 2025

Sponsored by:

- Medicine Hat Métis Trading Company Society
- Métis Nation of Alberta, Local 8
- Mywasin Friendship Centre (Medicine Hat)
- UFPF-PSS



New Horizons for Seniors



DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

CONTACT US FOR MORE INFORMATION

MARLENE CADOTTE -
SENIORS PROGRAM
COORDINATOR
CELL: 403-952-8100

ALL ACTIVITIES ARE FREE THANK YOU TO OUR FUNDERS

DUE TO FUNDING THE GROCERY GIFT CARD PROGRAM WILL ONLY BE AVAILABLE TO THOSE 65+ EVERY TWO MONTHS. PLEASE BOOK AN INTAKE WITH SANDRA EBACH TO DETERMINE IF YOU ARE ELIGIBLE.



ANFA AND NEW HORIZONS FOR SENIORS
NATIONAL INDIAN BROTHERHOOD - NIB
TRUST AB CULTURE DAYS

Friday, December 13, 2024 - Quiche, Farmers Sausage, Tossed Salad, Chocolate Ice Cream Sundae

PLEASE KEEP A LOOK OUT ON OUR FACEBOOK PAGE FOR FUTURE WORKSHOPS!

Miywasin Youth Development Program

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	NO Programming	NO Programming	NO Programming	Medicine Wheel Program 4:30pm-6:00pm	Family Christmas Party See poster for details	
8	9	10	11	12	13	14
	NO Programming	NO Programming	Medicine Wheel Program 4:30pm-6:00pm	Medicine Wheel Program 4:30pm-6:00pm	Family Swim 6:00pm-8:00pm	
15	16	17	18	19	20	21
	NO Programming	NO Programming	Gym Night 6:00pm-7:00pm	Medicine Wheel Program 4:30pm-6:00pm	NO Programming	
22	23	24	25	26	27	28
	NO Programming/Office Closed	NO Programming/Office Closed	NO Programming/Office Closed	NO Programming/Office Closed	NO Programming/Office Closed	
29	30	31	Ages 11-17 *Events are subject to change+			All events are FREE!!
	NO Programming/Office Closed	NO Programming/Office Closed				

DECEMBER 2024



Family Christmas Party

Join us on December 6th 2024 for a fun and festive evening. Families must register in advance, snacks and light meal will be provided. See poster for more details and how to register.

Gym Night

Please wear CLEAN-non marking running shoes. Please meet at St. Louis School at 6:00pm or contact for transportation in advance.

Miywasin Friendship Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H2

Contact: Addison Dehart
Phone: (403) 526-0756
Text: (403) 878-5548
Registration is required

Thank you to our funders and supporters:



Community Foundation of Southern Alberta

Alberta Provincial Family Resource Networks

Please call or text to sign up for each individual program.



Cultural Connections And Wellness Program

DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 	4 AGM No Program	5 Elder's Connection 5:00 - 7:00 pm I AM A KIND MAN 6:00-8:00 	6	7
9	10 	11 Drum Circle 5:00-6:30 	12 I AM A KIND MAN 6:00-8:00 	13 Alberta Health Services Outreach Team 10:30-11:30	14
16	17 	18 Drum Circle 5:00-6:30 	19 I AM A KIND MAN 6:00-8:00 	20	21
23 Closed for the Holiday	24 Closed for the Holiday	25 	26 	27 Closed for the Holiday	28
30 Closed for the Holiday	31 Closed for the Holiday				

Contact us for more information:

Mekethia Fairbanks
Cultural Connections
Coordinator
Cell: (403) -878-5069
Email:
Mekethia@miywasincentre.net

Andrew Spotted Bull
Support Worker
I Am A Kind Man
Cell: (403)-866-2717
Email:
Andrew@miywasincentre.net

I AM A Kind Man

is a gender-based violence program that educates Indigenous youth and men through the 7 grandfather teachings of Families, Elders, Feasts, Wisdom, Truth, Respect, and Love



All activities are FREE. Thank you to our funders.



Weaving Wichitowin For Learning

December 2024

For more information

Please Contact:

Cathy Roulette

403-580-9916

or

cathy@miywasincentre.net



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Tutoring 6-8pm	5	6 Family Christmas Party 6-8pm	7 Sewing Christmas Aprons *Registration Required*
8	9	10	11 Tutoring 6-8pm	12	13 Family Swimming 6-8pm	21
15	16	17	18 Tutoring 6-8pm	19	20	28
22	23 Miywasin Closed	24 Miywasin Closed	25 Merry Christmas!	26 Miywasin Closed	27 Miywasin Closed	
29	30 Miywasin Closed	31 Miywasin Closed	1 Happy New Years!			





Caregiver Education Program

All programs require registration.

All activities are FREE thanks to our funders.



DECEMBER 2024



CULTURAL KIDS-3-5YRS.
HELPS CHILDREN EXPLORE CULTURE WHILE HAVING THEIR PARENTS/CAREGIVER WITH THEM
PARENTS MUST STAY ON SITE!
AFTER SCHOOL TIME 3-5 PM!

CULTURAL EXPLORES-6-8YRS.
HELPING INFANTS AND TODDLERS EXPLORE AND EXPERIENCE CULTURE THROUGH READING, CRAFTING AND CULTURAL ACTIVITIES WHILE HAVING THEIR PARENTS/CAREGIVER WITH THEM
PARENTS MUST STAY ON SITE!

TRADITIONAL PARENTING.
PARENTS/CAREGIVERS CONNECT BACK TO TRADITIONAL TEACHINGS WHILE PASSING THE TRADITIONAL VALUES & TEACHINGS TO THEIR KIDDOOS.
REGISTRATION REQUIRED
AFTERSCHOOL HOURS 14-8:30!

FAMILY CHRISTMAS PARTY
JOIN THE MIYWASIN FAMILY CHRISTMAS PARTY. LIGHT SNACKS AND A MEAL WILL BE PROVIDED, ALONG WITH FUN FAMILY ACTIVITIES AND PICTURES WITH SANTA.
REGISTRATION IS REQUIRED
PLEASE SEE THE POSTER FOR MORE DETAILS.

Registration contact Shelby:

Call:(403) 526-0756

text:(403) 952-9605

Email- Shelby@miywasincentre.net

Miywasin Children's Centre
435-3rd St. SE
Medicine Hat, Alberta
(Programming Address)

Miywasin Friendship Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	NO PROGRAMMING	CULTURAL KIDS 3:30-5:00 (ACTIVITY: HUMAN-SIZED GINGERBREAD MAN & BEADED SNOWFLAKES)	NO PROGRAMMING	TRADITIONAL PARENTING 4-5:30 PM (ACTIVITY: MEDICINE WHEEL AND HOW WE BALANCE AS A FAMILY)	MIYWASIN FAMILY CHRISTMAS PARTY PLEASE SEE THE POSTER FOR DETAILS	
8	9	10	11	12	13	14
	NO PROGRAMMING	CULTURAL KIDS 3:30-5:00 (ACTIVITY: CHRISTMAS SLIME AND DIY SNOW & SALT DOUGH ORNAMENT)	CULTURAL EXPLORES 10:30-11:30 (ACTIVITY: MELTED SNOWMEN & PINECONE TREES)	TRADITIONAL PARENTING 4-5:30 PM (ACTIVITY: STUDY ROCK STORY)	FAMILY PROGRAMMING	
15	16	17	18	19	20	21
	BRIDGES SENSORY PLAYGROUP 10-11:30 AM (REGISTRATION REQUIRED)	BRIDGES GRANDPARENTING GROUP (VIEWERS CENTRE) 10:30-12 PM (REGISTRATION REQUIRED)	NO PROGRAMMING	CULTURAL EXPLORES 10:30-11:30 (ACTIVITY: CHRISTMAS PARTY)	NO PROGRAMMING	
22	23	24	25	26	27	28
	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED	
29	30	31				
	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED	CHRISTMAS HOLIDAYS! MIYWASIN OFFICE CLOSED				



"Miywasin Friendship Centre"

