


RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

January 2025



**The Miywasin Friendship
Centre will re-open
January 2, 2025.
Have a happy new year!**

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Métis Nation Local 8: (403) 504-4060
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756
Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2



June 12th to 15th 2025

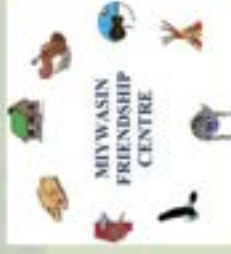
the Hills are Alive

Music & Culture Fest

Learn to play the fiddle, make a capote, dance a jig, weave a sash, and immerse yourself in vibrant Métis Culture in the beautiful southern foothills.

Register Now!

**www.MiywasinCentre.net or
403-526-0756 for more info**



Registration Form

Please read carefully. Form must be filled out for each participant.

NAME _____

ADDRESS _____

PHONE NUMBER _____

EMAIL _____

AGE (if under 18) _____ Male _____ Female _____

Parent or Guardian must accompany minors and complete a form.

Check box that applies:

- Fiddle Guitar Mandolin Piano Banjo
 Diggerman Doll * Capote Making * Hand Drum
 Digging/Square Dance Cultural Crafts Ukulele

Skill Level (for instruments):

- Beginner Moderate Advanced

Do you require an instrument? Yes No
(Only limited supply of fiddles available).

Accommodations (space is limited and it is shared accommodations; available on a first come – first serve basis; bring your own bedding): none required

Bunthouse (\$40 per person, per night) _____

Number of nights: _____ x \$40.00 _____

RV/Tenting (\$40 per RV/rent): _____

Number of nights: _____ x \$40.00 _____

Cost (not including accommodations): _____

4 day pass: \$225/per person, early registration _____

After May 1, 2025 \$300/per person _____

(\$25 p/p off for families of 3 or more) _____

Daily pass: \$75/per person x number of days _____

*Drum making kit: add \$100 per kit _____

*Moccasin Making Inc. supplies \$75 _____

*Capote Making Blanket: add \$50 per blanket _____

Total: _____

RV Parking available – pre-booking required.

\$75 non-refundable deposit to reserve your registration.

Registration is capped at 150 people.

Meals, instruction, cultural activities, and concerts are included for registered participants. Only cheque or money order payable to Mywasin Society will be accepted via mail; EFT, cash, cheque and all credit cards accepted at event.

Cancellation Policy - No refunds after May 31, 2025.

Please Note: we can longer accommodate everyone's dietary needs but will try and provide a varied and nutritious menu. Please feel free to bring your own dietary supplements.

LOCATION:

The Hills are Alive Music and Dance Cultural Fest is located in the southern foothills past Cypress Hills Inter-Provincial Park – Alberta at Eagles Nest Ranch. Coming from the East on Highway #1, turn left onto Highway #41, go past Elkwater, turn right at Township Road #74 (Thelma Rd), then right onto Eagles Nest Ranch Road. Coming from West (Medicine Hat) on Highway #1, turn right onto Eagle Butte Road in Dunmore, turn left onto Township Road #73A (Thelma Rd) and left onto Eagles Nest Ranch Rd. Signage will be posted during event.



*THMA = The Hills are Alive Music and Dance Cultural Fest

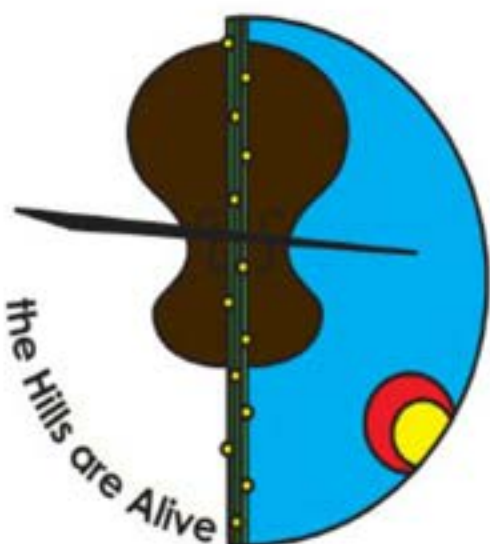
For Park Campground reservations go online at

www.albertaparks.ca

For motel accommodations contact Elkwater Lake Lodge at (403) 893-3811 or toll free at 1-888-893-3811. For more information on The Hills are Alive Music and Dance Cultural Fest, please contact Keritha Saddleback at Mywasin Centre (403) 526-0756 or email mywasinfriendshipcentre01@gmail.com.

Sorry No pets allowed onsite at Eagles Nest Ranch.

Mywasin Friendship Centre 517 3rd St. SE
 Medicine Hat, AB T1A 0H2
 Ph. (403) 526-0756 Fx. (403) 504-4064



Cultural Fest

Featuring

Music and Dance

Workshops

June 12-15, 2025

Sponsored by:

- Medicine Hat Métis Trading Company Society
- Métis Nation of Alberta, Local 8
- Mywasin Friendship Centre (Medicine Hat)
- UFPF-PSS



New Horizons for Seniors

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 HAPPY NEW YEAR	2	3 TECH WORKSHOP 10:00-12:00 BINGO 1:00-4:30PM	4
5	6	7	8	9	10 TECH WORKSHOP 10:00-12:00 GAMES WE PLAY 1:00-4:00PM	11
12	13	14	15	16	17 TECH WORKSHOP 10:00-12:00 ELDERS LUNCHEON MIYWASIN KITCHEN @ 12:00PM	18
19	20	21	22	23	24 TECH WORKSHOP 10:00-12:00 GAMES WE PLAY 1:00-4:00PM	25
26	27	28	29	30	31 TECH WORKSHOP 10:00-12:00 GAMES WE PLAY 1:00-4:00PM	

CONTACT US FOR MORE INFORMATION

MARLENE CADOTTE -
SENIORS PROGRAM
COORDINATOR
CELL: 403-952-8100

ALL ACTIVITIES ARE FREE THANK YOU TO OUR FUNDERS

DUE TO FUNDING THE GROCERY GIFT CARD PROGRAM WILL ONLY BE AVAILABLE TO THOSE 65+ EVERY TWO MONTHS. PLEASE BOOK AN INTAKE WITH SANDRA EBACH TO DETERMINE IF YOU ARE ELIGIBLE.



ANFA AND NEW HORIZONS FOR SENIORS
NATIONAL INDIAN BROTHERHOOD - NIB
TRUST AB CULTURE DAYS

Friday, January 17, 2025 - Perogies, Cabbage Rolls, Sausage, Tossed Salad, Blueberry Cheesecake.

PLEASE KEEP A LOOK OUT ON OUR FACEBOOK PAGE FOR FUTURE WORKSHOPS!

Miywasin Youth Development Program

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

JANUARY 2025

All events are FREE!!		Ages 11-17		*Events are subject to change*	
5	6	7	8	9	10
Programming	No Programming	No Programming	Gym Night 6:00pm-7:00pm	No Programming	Family Swim 6:00pm-8:00pm
12	13	14	15	16	17
Programming	No Programming	No Programming	Medicine Wheel Program 4:30pm-6:00pm	Medicine Wheel Program 4:30pm-6:00pm	No Programming
19	20	21	22	23	24
Programming	No Programming	No Programming	Gym Night 6:00pm-7:00pm	Medicine Wheel Program 4:30pm-6:00pm	No Programming
26	27	28	29	30	31
Programming	No Programming	No Programming	Medicine Wheel Program 4:30pm-6:00pm	Medicine Wheel Program 4:30pm-6:00pm	No Programming

Miywasin Friendship Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H12

Contact: Addison Dehart
Phone: (403) 526-0756
Text: (403) 878-5548

Registration is required
Please call or text to sign up for each individual program.
Thank you to our funders and supporters:



Tutoring Program

Every Wednesday from 6:00pm-8:00pm drop in tutoring for grades 7-12. Contact Cathy Roulette for more information (403) 580-9916

Gym Night

Please wear CLEAN-non marking running shoes. Please meet at St.Louis School at 6:00pm or contact for transportation in advance.



Cultural Connections And Wellness Program

JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 	2 I AM A KIND MAN 6:00-8:00 	3	4
6 Drum Circle 10:30-11:45	7 	8 Drum Circle 5:00-6:30	9 I AM A KIND MAN 6:00-8:00 	10 RECOVERY ALBERTA (AHS) 10:30-11:30	11
13 Drum Circle 10:30-11:45 CRA & Service Canada 1:30-4:00 in the kitchen	14 	15 Wellbriety 3:00 - 4:30 Drum Circle 5:00-6:30	16 I AM A KIND MAN 6:00-8:00 	17	18
20 Drum Circle 10:30-11:45	21 	22 Wellbriety 3:00 - 4:30 Drum Circle 5:00-6:30	23 I AM A KIND MAN 6:00-8:00 	24 RECOVERY ALBERTA (AHS) 10:30-11:30	25
27 Drum Circle 10:30-11:45	28 	29 Wellbriety 3:00 - 4:30 Drum Circle 5:00-6:30	30 I AM A KIND MAN 6:00-8:00 	31	

Contact us for more information:

Mekethia Fairbanks
Cultural Connections
Coordinator
Cell: (403) -878-5069
Email:

Mekethia@miywasincentre.net

Andrew Spotted Bull
Support Worker
I Am A Kind Man
Cell: (403)-866-2717
Email:

Andrew@miywasincentre.net

I AM A Kind Man

is a gender-based violence program that educates Indigenous youth and men through the 7 grandfather teachings of Humility, Bravery, Friendship, Wisdom, Truth, Respect, and Love



All activities are FREE. Thank you to our funders.



Caregiver Education Program

JANUARY 2025

All programs require registration.

All activities are FREE thanks to our funders.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5				1	2	3	4
6	NO PROGRAMMING			NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
7				8	9	10	11
8				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
9				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
10				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
11				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
12				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
13				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
14				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
15				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
16				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
17				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
18				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
19				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
20				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
21				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
22				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
23				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
24				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
25				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
26				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
27				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
28				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
29				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
30				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	
31				NO PROGRAMMING	NO PROGRAMMING	NO PROGRAMMING	



CULTURAL KIDS-3-6YRS.
HELPS CHILDREN EXPLORE CULTURE WHILE HAVING THEIR PARENTS/CAREGIVER WITH THEM
(PARENTS MUST STAY ON SITE)
AFTER SCHOOL TIME 3-5 PM!

CULTURAL EXPLORERS-0-3-YRS.
HELPING INFANTS AND TODDLERS EXPLORE AND EXPERIENCE CULTURE THROUGH READING, CRAFTING AND CULTURAL ACTIVITIES WHILE HAVING THEIR PARENTS/CAREGIVER WITH THEM
(PARENTS MUST STAY ON SITE)

TRADITIONAL PARENTING.
PARENTS/CAREGIVERS CONNECT BACK TO TRADITIONAL TEACHINGS WHILE PASSING THE TRADITIONAL VALUES & TEACHINGS TO THEIR KIDDS.
REGISTRATION REQUIRED
AFTERSCHOOL HOURS (4-5:30)

READING CIRCLE
JOIN ME AT WHPL FOR READING CIRCLE ONCE A MONTH TO ENJOY INDIGENOUS BOOKS/LITERACY AND SONGS
REGISTRATION REQUIRED

5D 76 SENSORY GROUP
JOIN ME AND ELPL WITH A SENSORY GROUP TO EXPAND AND EXPLORE CULTURE, LANGUAGE AND FINE MOTOR SKILLS
REGISTRATION REQUIRED

Shelby,
Call:(403) 526-0756
text:(403) 952-9605
Email: Shelby@miwasincentre.net



"Miwasin Friendship Centre"



Miwasin Friendship Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H2

Miwasin Children's Centre
435-3rd St. SE
Medicine Hat, Alberta
(Programming Address)



Weaving Wicahitowin For Learning

JANUARY 2025

Sun Mon Tue Wed Thu Fri Sat

29	30	31	01 Happy New Years!!	02	03	04
05	06	07	08 Tutoring 6-8pm	09	10 Family Swim 6-8pm	11
12	13	14	15 Tutoring 6-8pm	16	17	18 Mom & Me Ribbonskirt workshop 10-4
19	20	21	22 Tutoring 6-8pm	23	24	25
26	27	28	29 Tutoring 6-8pm	30	31	01

For more information
please contact
Cathy Roulette at
403-580-9916
or
cathy@miywasincentre.net

