

RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

March 2025

All Lifetime Card carrying members of Metis Nation Local 8

Notice of Special Meeting to adopt Objects of the District Council and Name Change under the Alberta Otipemisiwak Metis Government

When: Tuesday, March 25, 2025

Where: Miywasin Centre, 523 3rd Street SE

Time: 6:30 pm



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Métis Nation Local 8: (403) 504-4060
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756
Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2

6-WEEK BLACKFOOT LANGUAGE LESSONS WITH LAURIE SPOTTED BULL

WHERE: MIYWASIN KITCHEN

WHEN: EVERY MONDAY

STARTING MARCH 3, 2025

TIME: 5:30PM-7:30PM

**MAXIMUM 15
PARTICIPANTS**

**REGISTRATION
REQUIRED**

*LIGHT SUPPER &
REFRESHMENTS
PROVIDED*

For more Information:

Mekethia Fairbanks

403-878-5069

mekethia@miywasincentre.net

OR

Cathy Roulette

403-580-9916

cathy@miywasincentre.net

Classes are FREE
thanks to our
funders:





3RD ANNUAL
ÓMAHKSÍPIITAA
BIG EAGLE
ROUND DANCE

MARCH 1, 2025
LOCATION: MEDICINE HAT COLLEGE (299 College Dr SE)
EMCEE: Tony Delaney
STICKMAN: David "Monster" Spotted Eagle

SCHEDULE:
11:00AM Pipe Ceremony (*Ómahksipiitaa*)
6:00PM Round Dance (*Gymnasium*)
10:00PM Midnight Lunch
10:30PM Giveaways

INTERESTED IN SINGING?
The first 12 lead singers will receive an honorarium.

For more information, contact
Mekethia Fairbanks at
Mekethia@miywasincentre.net or
Nicki Easty 403-504-3503 neasty@mhc.ab.ca

Owl Dance Contest | Ribbon Skirt Contest



Registration Form

Please read carefully. Form must be filled out for each participant.

NAME _____

ADDRESS _____

PHONE NUMBER _____

EMAIL _____

AGE (if under 18) Male Female

Parent or Guardian must accompany minors and complete a form.

Check box that applies:

- Fiddle Guitar Mandolin Piano Banjo
 Jiggerman Doll Capote Making Hand Drum
 Jigging/Square Dance Cultural Crafts Ukulele

Skill Level (for instruments):

- Beginner Moderate Advanced

Do you require an instrument? Yes No

(Only limited supply of fiddles available).

Accommodations (space is limited and it is shared accommodations; available on a first come - first serve basis; bring your own bedding): none required

Bunkhouse (\$40 per person, per night)

Number of nights: _____ x \$40.00

Number of nights: _____ x \$40.00

Cost (not including accommodations):

4 day pass: \$225/per person, early registration

After May 1, 2025 \$300/per person

(\$25 p/p off for families of 3 or more)

Daily pass: \$75/per person x number of days

*Drum making kit: add \$100 per kit

*Moccasin Making Inc. supplies \$75

*Capote Making Blanket: add \$50 per blanket

Total: _____

RV Parking available - pre-booking required.

\$75 non-refundable deposit to reserve your registration.

Registration is capped at 150 people.

Meals, instruction, cultural activities, and concerts are

included for registered participants. Only cheque or money

order payable to Miywasin Society will be accepted via mail;

EFT, cash, cheque and all credit cards accepted at event.

Cancellation Policy - No refunds after May 31, 2025.

Please Note: we can longer accommodate everyone's

dietary needs but will try and provide a varied and nutritious

menu. Please feel free to bring your own dietary

supplements.

LOCATION:

The Hills are Alive Music and Dance Cultural Fest is located in the southern foothills past Cypress Hills Inter-Provincial Park - Alberta at Eagles Nest Ranch. Coming from the East on Highway #1, turn left onto Highway #41, go past Elkwater, turn right at Eagles Nest Road #74 (Thelma Rd), then right onto Eagles Nest Ranch Road. Coming from West (Medicine Hat) on Highway #1, turn right onto Eagle Butte Road in Dunmore, turn left onto Township Road #73A (Thelma Rd) and left onto Eagles Nest Ranch Rd. Signage will be posted during event.



THAA - The Hills are Alive Music and Dance Cultural Fest

For Park Campground reservations go online at

www.albertaparks.ca

For motel accommodations contact Elkwater Lake Lodge at (403) 893-3811 or toll free at 1-888-893-3811. For more information on The Hills are Alive Music and Dance Cultural Fest, please contact Keritha Saddleback at Miywasin Centre (403) 526-0756 or email miywasinfriendshipcentre01@gmail.com.

Sorry No pets allowed onsite at Eagles Nest Ranch.

Miywasin Friendship Centre 517 3rd St. SE

Medicine Hat, AB T1A 0H2

Ph. (403) 526-0756 Fx. (403) 504-4064



Cultural Fest

Featuring

Music and Dance

Workshops

June 12-15, 2025

Sponsored by:

Medicine Hat Métis Trading Company Society

Métis Nation of Alberta, Local 8

Miywasin Friendship Centre (Medicine Hat)

LIPSP-PS5

LUNAR ROOTS



MOON CEREMONY CIRCLE FOR WOMEN AND LGBTQS2+

Join us in fostering culture and
community while harnessing
the power of lunar cycles



MIYWASHI
FRIENDSHIP
CENTRE



PLEASE CONTACT TO REGISTER
SHELBY: 403-952-9605
TERAH- 403-866-6109

435 3RD ST SE
MEDICINE HAT

@ 6PM - 8:30PM





New Horizons for Seniors



MARCH 2025

CONTACT US FOR MORE INFORMATION

MARLENE CADOTTE -
SENIORS PROGRAM
COORDINATOR
CELL: 403-952-8100

ALL ACTIVITIES ARE FREE THANK YOU TO OUR FUNDERS

DUE TO FUNDING THE GROCERY GIFT CARD PROGRAM WILL ONLY BE AVAILABLE TO THOSE 65+ EVERY TWO MONTHS. PLEASE BOOK AN INTAKE WITH SANDRA EBACH TO DETERMINE IF YOU ARE ELIGIBLE.



ANFA AND NEW HORIZONS FOR SENIORS
NATIONAL INDIAN BROTHERHOOD - NIB
TRUST AB CULTURE DAYS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7 TECH WORKSHOP 10:00-12:00 BINGO 1:00-4:00PM	8
9	10	11	12	13	14 TECH WORKSHOP 10:00-12:00 GAMES WE PLAY 1:00-4:00PM	15
16	17 	18	19	20	21 TECH WORKSHOP 10:00-12:00 GAMES WE PLAY 1:00-4:00PM	22
23	24 30	25 31	26	27	28 ELDERS LUNCHEON MIYWASIN KITCHEN @ 12:00PM GAMES WE PLAY 1:00-4:00PM	29

Friday, March 28, 2025 - Steak & Peppers with Tomato Sauce, Rice, and Fruit Cups

PLEASE KEEP A LOOK OUT ON OUR FACEBOOK PAGE FOR FUTURE WORKSHOPS!

Miywasin Youth Development Program

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ages 11-17 *Events are subject to change*			All events are FREE!!			
2 	3 No Programming	4 YW25+ Group 4:30pm-6:00pm	5 Medicine Wheel Program 4:30pm-6:00pm	6 No Programming	7 Family Swim 6:00pm-8:00pm	8 
9	10 No Programming	11 No Programming	12 Gym Night 6:00pm-7:00pm	13 Medicine Wheel Program 4:30pm-6:00pm	14 No Programming	15
16	17 No Programming	18 YW25+ Group 4:30pm-6:00pm	19 Medicine Wheel Program 4:30pm-6:00pm	20 No Programming	21 No Programming	22
23/30 	24/31 No Programming	25 No Programming	26 Gym Night 6:00pm-7:00pm	27 Medicine Wheel Program 4:30pm-6:00pm	28 No Programming	29 

MARCH 2025



Young Women & 2 Spirit Group

coming together to empower our young women and 2 spirit relatives through culture and connection. Registration required !!

Gym Night

Please wear CLEAN-non marking running shoes. Please meet at St.Louis School at 6:00pm or contact for transportation in advance.

Miywasin Friendship Centre

517-3rd St. SE
Medicine Hat,
Alberta
T1A 0H2

Registration is required
Please call or text to sign up for each individual program.

Contact: Addison Dehart
Phone: (403) 526 0756
Text: (403) 878-5548

Thank you to our funders and supporters:



Cultural Connections and Wellness Program

March 2025

Contact for more information

Mekethia Fairbanks

Cultural Connections Coordinator

Cell: 403-878-5069

Email: mekethia@miywasincentre.net

Andrew Spotted Bull

Support Worker for I Am A Kind Man

Cell: 403-866-2717

Email: andrew@miywasincentre.net

**Friday program for I Am A Kind Man
is open for anyone to drop in and attend**



All activities are FREE. Thanks to our funders



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Drum Circle 10:30 - 11:45	4 Tea & Bannock 1:00 - 3:30	5 Drum Circle 5:00 - 6:30	6 I Am A Kind Man 6:00 - 8:00	7 Recovery AB. (AHS) 10:30 - 11:30 I Am A Kind Man 1:00 - 3:00	1 & 8
9	10 Drum Circle 10:30 - 11:45	11 Tea & Bannock 1:00 - 3:30	12 Drum Circle 5:00 - 6:30	13 I Am A Kind Man 6:00 - 8:00	14 I Am A Kind Man 1:00 - 3:00	15
16	17 Drum Circle 10:30 - 11:45	18 Tea & Bannock 1:00 - 3:30	19 Drum Circle 5:00 - 6:30	20 St. Patricks Day I Am A Kind Man 6:00 - 8:00	21 Recovery AB. (AHS) 10:30 - 11:30 I Am A Kind Man 1:00 - 3:00	22
23	24 Drum Circle 10:30 - 11:45	25 Tea & Bannock 1:00 - 3:30	26 Drum Circle 5:00 - 6:30	27 I Am A Kind Man 6:00 - 8:00	28 I Am A Kind Man 1:00 - 3:00	29
30	31 Drum Circle 10:30 - 11:45					



Caregiver Education Program

All programs require registration.

All activities are FREE thanks to our funders.



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

2	3	4	5	6	7	8
NO PROGRAMMING	NO PROGRAMMING	GRANDPARENTS CIRCLE 10:00-11:00 AM OPEN SPACE CULTURAL KIDS 1:30-2:00 PM ACTIVITY-BAGS CREATING THE LUNAR BOOT (AND MORE!)	CULTURAL EXPLORERS 10:00-11:30 AM ACTIVITY: GREAT STORIES & GREAT ANIMALS!	TRADITIONAL PARENTING 4-5:30 PM THE FIRST BEYOND FRONT!	NO TRADITIONAL PARENTING 10:00-11:30 AM CULTURAL KIDS REVISITED! FAMILY PROGRAMMING	
9	10	11	12	13	14	15
NO PROGRAMMING	NO PROGRAMMING	CULTURAL KIDS 2:30-3:00 PM ACTIVITY: GREAT TELLING AT THE TOP!	GRANDPARENTS CIRCLE 10:00-11:00 AM VINEYET CENTRE CULTURAL KIDS 1:30-2:00 PM ACTIVITY-BAGS THEE TONG A KONG AND BREAK!	TRADITIONAL PARENTING 4-5:30 PM THE WOODS	LUNAR ROOTS 4:00-5:30 PM REGISTRATION REQUIRED!	
16	17	18	19	20	21	22
NO PROGRAMMING	NO PROGRAMMING	GRANDPARENTS CIRCLE 10:00-11:00 AM VINEYET CENTRE CULTURAL KIDS 1:30-2:00 PM ACTIVITY-BAGS THEE TONG A KONG AND BREAK!	CULTURAL EXPLORERS 10:00-11:30 AM ACTIVITY: GREAT STORIES & GREAT ANIMALS!	TRADITIONAL PARENTING 4-5:30 PM THE WOODS	NO PROGRAMMING	
23	24	25	26	27	28	29
	READING CIRCLE 10:00-11:00 AM OPEN SPACE CULTURAL KIDS REVISITED! FAMILY PROGRAMMING	CULTURAL KIDS 2:30-3:00 PM ACTIVITY: GREAT TELLING AT THE TOP!	CULTURAL EXPLORERS 10:00-11:30 AM ACTIVITY: GREAT STORIES & GREAT ANIMALS!	TRADITIONAL PARENTING 4-5:30 PM THE WOODS	NO PROGRAMMING	
30	31					



Miywasin Friendship Centre
 517-3rd St. SE
 Medicine Hat, Alberta
 T1A 0H2

Miywasin Children's Centre
 435-3rd St. SE
 Medicine Hat, Alberta
 T1A 0H2

"Miywasin Friendship Centre"

MARCH 2025

CULTURAL KIDS-3-8YRS.
 HELPS CHILDREN EXPLORE CULTURE WHILE HAVING THEIR PARENT/CAREGIVER WITH THEM (PARENTS MUST STAY ON SITE) AFTER SCHOOL TIME 3-5 PM!

CULTURAL EXPLORERS-9-13 YRS.
 HELPING INFANTS AND TODDLERS EXPLORE AND EXPERIENCE CULTURE THROUGH READING, CRAFTING AND CULTURAL ACTIVITIES WHILE HAVING THEIR PARENT/CAREGIVER WITH THEM (PARENTS MUST STAY ON SITE)

TRADITIONAL PARENTING.
 PARENTS/CAREGIVERS CONNECT BACK TO TRADITIONAL TEACHINGS WHILE PASSING THE TRADITIONAL VALUES & ATTENDSCHOOL HOURS (4-5:30)

READING CIRCLE
 JOIN ME AT MHP, FOR READING CIRCLE ONCE A MONTH TO ENJOY INDIGENOUS BOOKS/CULTURE AND SONGS REGISTRATION REQUIRED

PARTNERSHIPS
 JOIN ME OUT IN THE COMMUNITY WITH OUR PARTNERSHIPS. SO 78- IS A SENSORY GROUP PARTNERSHIP WITH ELP TO GET OUR LITTLES READY FOR SCHOOL. BENDERS: SENSORY GROUP AGES 0-6 GRANDPARENTING GROUP: SUPPORT GROUP FOR GRANDPARENTS MAKING THEIR GRANDCHILDREN AND HAVING HEALTHY RELATIONSHIPS WITH THEIR ADULT CHILDREN. REGISTRATION REQUIRED

LUNAR ROOTS
 THE CREATION OF A MOON CEREMONY CIRCLE IS A SACRED SPACE WHERE WOMEN AND LGBTQ+ FROM THE COMMUNITY CAN GATHER TO ALIGN WITH THE ENERGY OF THE MOON, SET INTENTIONS, AND FOSTER DEEPER CONNECTIONS WITH OURSELVES, OUR COMMUNITY AND OUR CULTURE. WOMEN 18+ PLEASE NO CHILDREN FOR THIS GROUP!

Shelby:
 Call:(403) 526-0756
 text:(403) 952-9605
 Email- Shelby@mlywasincentre.net

WEAVING WICHTOWIN FOR LEARNING

MARCH 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Blackfoot Language Class 5:30-7:30	4	5 Tutoring 6-8PM	6	7 Family Swim at Big Marble Go Centre 6-8PM	8
9	10 Blackfoot Language Class 5:30-7:30	11	12 Tutoring 6-8PM	13	14	15
16	17 Blackfoot Language Class 5:30-7:30	18	19 Tutoring 6-8PM	20	21	22
23	24 Blackfoot Language Class 5:30-7:30	25	26 Tutoring 6-8PM	27	28	29
30	31 Blackfoot Language Class 5:30-7:30					

CONTACT INFORMATION

Cathy Roulette
Call or Text: 403-580-9916
or
cathy@miywasincentre.net

6-Week Blackfoot Language Lessons Starting Monday March 3, 2025 in Miywasin Kitchen *Registration Required*
MORE INFO ON POSTER

