

RIEL ISSUES

NEWSLETTER

Métis Nation Local '8'

Medicine Hat, AB

April 2025



The Miywasin Friendship Centre will be closed April 18th & 21st for Easter

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Métis Nation Local 8: (403) 504-4060
Miywasin Friendship Centre (Medicine Hat): (403) 526-0756
Miywasin Centre - 517 3rd Street SE, Medicine Hat, T1A 0H2

Did you know you could receive an email newsletter instead of by mail?



Sign up now for email edition by emailing us at info@miywasincentre.net

Being hosted in the Miywasin Kitchen for those who would like to join in a group setting

INTRODUCTORY MICHIF LANGUAGE COURSE
Southern Michif Language

Registration Now Open!

6 WEEKS ON ZOOM
MONDAYS AT 6PM PACIFIC TIME
April 28, May 5, 12, 26, June 2, 9
90 MINUTES

OUTDOOR LEARNING
SCHADE & STONE

Maria Schoenthal Harriet St. Pierre Amy Cross

Refreshments & light supper served

Please let Cathy know if you plan on attending at 403-580-9916



Working
together
to bring
**Government
of Canada**
services to
you.

Representatives from
Service Canada and **Canada
Revenue Agency (CRA)** are
here to help:

Miywasin Friendship Centre

Date: Wed Apr 9, 2025

Time: 1:30 pm - 4:00 pm

JOIN US to find out
more about...

**Canadian Dental
Care Plan (CDCP)**

Clinic to help you with:

Social Insurance Number Old
Age Security Canada Pension
Plan (including Disability)
Employment Insurance
Disability Tax Credit GST Credit
Canada Child Benefit Income
tax questions

If you are unable to meet with us during this
visit, you can contact us at 1-833-537-4342 from
8:30 a.m. - 4:30 p.m., Monday to Friday.



Government
of Canada

Gouvernement
du Canada

Canada

LUNAR ROOTS



MOON CEREMONY CIRCLE FOR WOMEN AND LGBTQS2+

Join us in fostering culture and
community while harnessing the
power of lunar cycles

PLEASE CONTACT TO REGISTER
SHELBY: 403-952-9605
TERAH: 403-866-6109

517 3RD STREET SE

MEDICINE HAT @ 6PM - 8:30PM



MIYWASHI
FRIENDSHIP
CENTRE





New Horizons for Seniors

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

CONTACT US FOR MORE INFORMATION

MARLENE CADOTTE -
SENIORS PROGRAM
COORDINATOR
CELL: 403-952-8100



ALL ACTIVITIES ARE FREE THANK YOU TO OUR FUNDERS

DUE TO FUNDING THE GROCERY GIFT CARD PROGRAM WILL ONLY BE AVAILABLE TO THOSE 65+ EVERY TWO MONTHS. PLEASE BOOK AN INTAKE WITH SANDRA EBACH TO DETERMINE IF YOU ARE ELIGIBLE.



ANFA AND NEW HORIZONS FOR SENIORS
NATIONAL INDIAN BROTHERHOOD - NIB
TRUST AB CULTURE DAYS

Friday, April 25, 2025 - Sausage, Perogies & Lemon Meringue Pie.

PLEASE KEEP A LOOK OUT ON OUR FACEBOOK PAGE FOR FUTURE WORKSHOPS!

Miywasin Youth Development Program

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ages 11-17						
Events are subject to change						
6	7	8	9	10	11	12
Programming	No Programming	Medicine Wheel Program 4:30pm-6:00pm	No Programming	No Programming	No Programming	
13	14	15	16	17	18	19
Programming	No Programming	YW25+ 4:30pm-6:00pm	No Programming	Medicine Wheel Program 4:30pm-6:00pm	Office Closed/ No Programming	
20	21	22	23	24	25	26
	Office Closed/ No Programming	No Programming	Medicine Wheel Program 4:30pm-6:00pm	Medicine Wheel Program 4:30pm-6:00pm	No Programming	
27	28	29	30	All events are FREE!!		
	No Programming	Medicine Wheel Program 4:30pm-6:00pm	Gym Night 6:00pm-7:00 pm			

Registration is required

Please call or text to sign up for each individual program.

Miywasin Friendship Centre
 517-3rd St. SE
 Medicine Hat,
 Alberta
 T1A 0H2

Contact: Addison Dehart
 Phone or text: (403) 878-5548

Thank you to our funders and supporters:



APRIL 2025

Young Women & 2 Spirit Group
 Coming together to empower our young women and 2 spirit relatives through culture and connection.
 Registration is require.

Tutoring programming
 Every Wednesday from 6:00pm-8:00pm drop in tutoring for grades 7-12.
 Contact Cathy Roulette for more information
 (403) 580-9916

Gym Night
 Please wear CLEAN-non marking running shoes.
 Please meet at St.Louis School at 6:00pm or contact for transportation in advance.

April

2025

Program Contact Information

Mekethia Fairbanks
Cultural Connections Coordinator
Cell: 403-878-5069
Email: mekethia@miywasincentre.net

Andrew Spotted Bull
I Am A Kind Man Coordinator
Cell: 403-966-2777
Email: andrew@miywasincentre.net

All activities are FREE.
 Thanks to our funders



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Tea & Bannock 1:00 - 3:30	2 Drum Circle 5:00 - 6:30 Wellbriety 3 - 4:30	3 I Am A Kind Man 6:00 - 8:00	4 Recovery AB (AHS) 10:30 - 11:30	5
6	7 Drum Circle 10:30 - 11:45	8 Tea & Bannock 1:00 - 3:30	9 Drum Circle 5:00 - 6:30 CBA 9 SERVICE CAL. 1:30 - 4:00 WELLBRIETY 3 - 4:30	10 I Am A Kind Man 6:00 - 8:00	11	12
13	14 Drum Circle 10:30 - 11:45	15 Tea & Bannock 1:00 - 3:30	16 Drum Circle 5:00 - 6:30 Wellbriety 3 - 4:30	17 I Am A Kind Man 6:00 - 8:00	18 Good Friday	19
20  Easter Sunday	21 Easter Monday	22 Tea & Bannock 1:00 - 3:30	23 Drum Circle 5:00 - 6:30 Wellbriety 3 - 4:30	24 I Am A Kind Man 6:00 - 8:00	25	26
27	28 Drum Circle 10:30 - 11:45	29 Tea & Bannock 1:00 - 3:30	30 Drum Circle 5:00 - 6:30 Wellbriety 3 - 4:30			





Caregiver Education Program

All programs require registration.

All activities are FREE thanks to our funders.



APRIL 2025

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6			1 CULTURAL NIGHT 3:30-6:00	2 NO PROGRAMMING	3 NO PROGRAMMING	4 NO PROGRAMMING	5
7	NO PROGRAMMING	8 CULTURAL KIDS 3:30-6:00	9 SENSEI SENIOR PLAYERS AND OBSERVATION REQUIRED	10 NO PROGRAMMING	11 50 7+ SENSORY GROUP NOON-1:30 GRANDPARENTS/CHILDREN REGISTRATION IS REQUIRED LUNAR ROOTS 3:30-5:00	12	
13	14 NO PROGRAMMING	15 GRANDPARENTS GROUP 10:00-11:30 CULTURAL NIGHT 3:30-6:00	16 CULTURAL EXPLORERS 10:30-11:30	17 TRADITIONAL PARENTING 4:00-6:00 PM	18 GOOD FRIDAY HAPPY EASTER	19	
20	21 EASTER MONDAY HAPPY EASTER	22 CULTURAL KIDS 3:30-5:00	23 CULTURAL EXPLORERS 10:30-11:30	24 TRADITIONAL PARENTING 4-6:30 PM	25 NO PROGRAMMING	26	
27	28 READING CIRCLE 10:00-11:30 MAYN CARLE RESTORATION IS REQUIRED	29 CULTURAL KIDS 3:30-5:00	30 CULTURAL EXPLORERS 10:30-11:30				

"Miywasin Friendship Centre"



Miywasin Friendship Centre
517-3rd St. SE
Medicine Hat, Alberta
T1A 0H2

Miywasin Children's Centre
435-3rd St. SE
Medicine Hat, Alberta
Programs@mywasincentre.net

CULTURAL KIDS-3-5YRS.
HELPS CHILDREN EXPLORE CULTURE WHILE HAVING THEIR PARENT/CAREGIVER WITH THEM (PARENTS MUST STAY ON SITE)
AFTER SCHOOL TIME 3-5 PM!

CULTURAL EXPLORERS -6-9YRS.
HELPING INFANTS AND TODDLERS EXPLORE AND EXPERIENCE CULTURE THROUGH READING, CRAFTING AND CULTURAL ACTIVITIES WHILE HAVING THEIR PARENT/CAREGIVER WITH THEM
(PARENTS MUST STAY ON SITE)

TRADITIONAL PARENTING.
PARENTS/CAREGIVERS CONNECT BACK TO TRADITIONAL TEACHINGS WHILE PASSING THE TRADITIONAL VALUES & TEACHINGS TO THEIR KIDDS.
AFTERSCHOOL HOURS (4-6:30)

READING CIRCLE
JOIN ME AT MIPL FOR READING CIRCLE ONCE A MONTH TO ENJOY INDEPENDENT BOOKS/LITERACY AND SONGS
REGISTRATION REQUIRED

PARTNERSHIPS
JOIN ME OUT IN THE COMMUNITY WITH OUR PARTNERSHIPS. 50 7+ IS A SENSORY GROUP PARTNERSHIP WITH ELP TO GET OUR LITTLES READY FOR SCHOOL. SENSEI GROUP AGES 0-6 GRANDPARENTING GROUP SUPPORT GROUP FOR GRANDPARENTS RAISING THEIR GRANDCHILDREN AND MAKING HEALTHY RELATIONSHIPS WITH THEIR ADULT CHILDREN.
REGISTRATION REQUIRED

LUNAR ROOTS
THE CREATION OF A MOON CEREMONY CIRCLE IS A SACRED SPACE WHERE WOMEN AND LGBTQ2+ FROM THE COMMUNITY CAN GATHER TO ALIGN WITH THE ENERGY OF THE MOON, SET INTENTIONS, AND FOSTER DEEPER CONNECTIONS WITHIN OURSELVES, OUR COMMUNITY AND OUR CULTURE. WOMEN 18+ PLEASE NO CHILDREN FOR THIS GROUP!

Shelby:
Call:(403) 526-0756
text:(403) 952-9605
Email: Shelby@mywasincentre.net

WEAVING WICHIITOWIN FOR LEARNING

April 2025

FOR MORE INFORMATION:
CATHY ROULETTE

403-580-9916 (CALL OR TXT)

OR

CATHY@MIYWASINCENTRE.NET



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	
6	7 BLACKFOOT LANGUAGE CLASS 5:30PM-7:30PM	8	9	10	11	12
13	14	15	16	17	18 GOOD FRIDAY OFFICE CLOSED	19
20 HAPPY EASTER!	21 EASTER MONDAY OFFICE CLOSED	22	23	24	25	26
27	28 MICHIF LANGUAGE COURSE 5:00PM-6:30PM *MORE INFO ON POSTER*	29	30			

